#### Worksheet for THE SECRET TO A SELF-EMPOWERED CAREER

#### Program Agenda:

- Purpose and Vocation why it's important
- Discovering Purpose and Giftedness how to figure it out
- The Empowered Employee how to manage your career

#### **Purpose and Vocation**

Purpose directly translates to satisfaction, \_\_\_\_\_\_, and ultimately, to fulfillment;

parameters that are not only important for ourselves but they're important to \_\_\_\_\_\_

\_\_\_\_\_ or at least they should be.

According to the Conference Board, employee satisfaction has trended down from 61% in 1987 to a new low

last year of 45%. Satisfaction equates to \_\_\_\_\_\_ which equates to

The key connector is \_\_\_\_\_\_.

Resource: Drive, The Surprising Truth About What Motivates Us by Daniel Pink

Motivation 1.0 – Effective from 50,000 years ago until socialized man. Core motivation is survival.

Motivation 2.0 – \_\_\_\_\_\_ based, effective when work was largely routine, repetitive

tasks.

Motivation 3.0 – Internal motivators, appropriate to the modern workplace.

"The consulting firm McKinsey & Co. estimates that in the United States, only 30% of job growth now comes from algorithmic (routine, repetitive) work, while 70% comes from heuristic (creative problem solving) work. A key reason: Routine work can be outsourced or automated; artistic, empathic, nonroutine work generally cannot...

The intrinsic motivation principle of creativity: Intrinsic motivation is conducive to creativity; controlling extrinsic motivation is detrimental to creativity. In other words, the central tenents of Motivation 2.0 may actually impair performance of the heuristic, right-brained work on which modern economies depend." (*Drive*, pg. 29)

Pink identifies three themes to Motivation 3.0: autonomy, mastery, and \_\_\_\_\_

Purpose is an	thing, what Pink calls an intrinsic motivator. For each of us
"purpose" has a	definition that can only be discovered by journeying

## **Discovering Purpose and Giftedness**

Resource: Let Your Life Speak: Listening to the Voice of Vocation by Parker Palmer

"Before you tell your life what you intend to do with it, listen for what it intends to do with you. Before you tell your life what truths and values you have decided to live up to, let your life tell you what truths you embody, what values you represent." (Let Your Life Speak, pg. 3) Palmer terms the personal journey to discovering \_\_\_\_\_\_ leads to \_\_\_\_\_\_ leads to \_\_\_\_\_\_ \_\_\_\_\_. External resources can be \_\_\_\_\_\_. "...the idea that vocation, or calling, comes from a voice eternal to ourselves, a voice of moral demand that asks us to become someone we are not yet (is false).... Today I understand vocation guite differently – not as a goal to be achieved but as a gift to be received.... Vocation does not come from a voice 'out there' calling me to be something I am not. It comes from a voice 'in here' calling me to be the person I was born to be, to fulfill the original selfhood given to me at birth by God." (Let Your Life Speak, pg. 10) Resource: The Center for Courage & Renewal, couragerenewal.org Quaker conviction: each of us has an inner teacher, a voice of truth, that offers the guidance and power we need to deal with our problems. The inward journey is a discovery of true-self or \_\_\_\_\_\_ self.

Our gifts can be anything that brings us \_\_\_\_\_\_ and a sense of \_\_\_\_\_\_ and

when we live into them. They can be any personal aspect of our true selves.

# The Empowered Employee

The best way to take charge and \_\_\_\_\_\_ our careers, is by knowing and being able to articulate our \_\_\_\_\_\_; in other words, knowing our \_\_\_\_\_\_.

"People don't want more information. They are up to their eyeballs in information. They want faith – faith in you, your goals, your success, in the story you tell." (*The Story Factor: Inspiration, Influence and Persuasion Through the Art of Storytelling* by Annette Simmons, pg. 3)

Empowered employees tell their \_\_\_\_\_\_, talk about personal gifts, what

\_\_\_\_\_\_them, in conversations with bosses, in information interviews, in job

interviews. Empowered employees are able to present the most \_\_\_\_\_\_ and

\_\_\_\_\_ part of who they are.

"People have to earn a living. Salary, contract payments, some benefits, a few perks are what I call 'baseline rewards.' If someone's baseline rewards aren't adequate or equitable, her focus will be on the unfairness of her situation and the anxiety of her circumstance. You'll get neither the predictability of extrinsic motivation nor the weirdness of intrinsic motivation. You'll get very little motivation at all. The best use of money as a motivator is to pay people enough to take the issue of money off the table." (Drive, pg. 33)

Being a self-empowered worker is not only good for self, but essential to the future of the workplace.

"So we have a choice. We can cling to a view of human motivation that is grounded more in old habits than in modern science. Or we can listen to the research, drag our business and personal practices into the twenty-first century, and craft a new operating system to help ourselves, our companies, and our world work a little better." (Drive, pg. 79)

## Postlude: A Taste of Courage Work

Find a quiet time and space and spend 20 minutes pondering or journaling around this quote from Henri Nouwen regarding courage of the heart. How does this quote speak to you? Where does it intersect with your life?

"Have courage," we often say to one another. Courage is a spiritual virtue. The word *courage* comes from the Latin word *cor*, which means "heart." A courageous act is an act coming from the heart. A courageous word is a word arising from the heart. The heart, however, is not just the place where our emotions are located. The heart is the center of our being, the center of all our thoughts, feelings, passions, and decisions.

A courageous life, therefore, is a life lived from the center. It is a deeply rooted life, the opposite of a superficial life. "Have courage" therefore means "Let your center speak."

If helpful, use this question to help you in your pondering/journaling: Who or what has touched your heart and given you the courage to act on your truth? What is that truth?

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